

INSIDE:

Custodian, Mirembe Hall, Save the Mothers, Fred Musisi, marks 10 years and is still going. *Story on page 2*



Support STM recruit advocates

Save the Mothers (STM) is now receiving applications for the Masters in Public Health Leadership (MPHL). Share the news with your networks.

Let us build a network of multi-disciplinary professionals from all fields to advocate for safe motherhood: Teachers, social workers, social scientists, clergy, politicians, journalists, lawyers, engineers among others are invited to apply.

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STM's Stronger Together Project: Midwifery Mentorship and Coaching that was launched recently. *Story on page 3*



MBFHI updates

The Mother Baby Friendly Hospital Initiative (MBFHI) is Save the Mothers (STM) outreach arm implemented in 10 health facilities in Uganda. STM brings you MBFHI updates from Kagando, Mityana and Mbale Hospitals. **To page 2**

Asante STM Tanzania Alumni Association

By Teopista Agutu

On 17 April 2018, the Save the Mothers Alumni Association in Tanzania under the leadership of their Chairperson Saida Mukhi Msumi, held information sessions to recruit MPHL students for the 2018 intake.

The meeting that was conducted in Dar es Salaam attracted over 16 prospective students. Great leadership skills exhibited by Saida and your team: Gladness Munuo, Joyce and Shija. *Asante sana* (thank you very much).



STM appreciates your contribution during the planning and meeting execution time. Way to build sustainability and continuity for safe motherhood advocacy.

Message from Dr. Miriam Mutabazi, director Save the Mothers East Africa to the Game Changers

"Dear Saida and the entire Tanzania alumni, we appreciate all the efforts you have made to conduct this activity for recruitment. You are true sons and daughters of STM.

We would have loved to be there with you but the wisdom of an African proverb explains that "when you request for something to be done by an important person, you're confident it will be done very well by virtue of who they are."

Marissa & Stephanie: Thank you for serving STM



By Lillian Tushabe

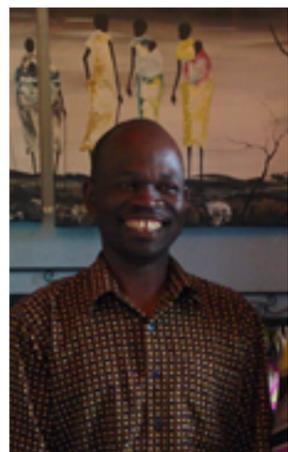
It has been great working with you Marissa Ware and Stephanie Fraser in the fight to ensure that no mother or child should die from pregnancy related complications.

As Kallam Anji Reddy once said, "everyone has a purpose in life and a unique talent to give to others. And when we blend this unique talent with service to others, we experience the ecstasy and exultation of own spirit, which is the ultimate goal of all goals." Join STM to thank interns - 2017-2018. We appreciate you Marissa and Stephanie. All the best on the journey ahead.

10 years of serving STM & still going

Fred Musisi, Great job!

By Stephanie Fraser
STM intern 2017/2018



Fred Musisi keeps his smile inviting

April 1, 2018 marked an important date for Fred Musisi. That date was his 10 year anniversary in working for Save the Mothers. Currently he is the longest working STM staff member.

As long as Mirembe Hall (MH) has been present on the UCU campus, Fred has faithfully served as the custodian. His job not only includes making sure that the building and facilities are in good repair, but also managing accommodations for students coming in to stay, and supervising the support staff.

He also supports the MPHIL program, making sure that students are taken care of with daily tea breaks and a weekly lunch.

As an intern, I have found that Fred is an invaluable resource, knowing how to

get things done on campus. He will be present around the Hall from 8 am to past 7 pm, 6 days of the week to keep operations running smoothly.

When Fred is not working at STM, he has a passion for evangelism at

his local church in Mukono where he preaches on Sunday. He also runs a snack business. When asked about what he enjoys about his work, he says, "I love working with people."

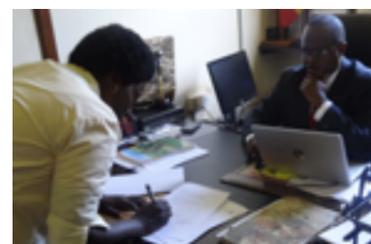
Fred has two biological children but also cares for 8 others. His hope is to see his children attending school through all levels of education. Fred who comes from humble Beginnings attributes much of his personal development and success to the support that he has received from Save the Mothers and Dr. Jean Chamberlain-Froese in particular.

He first met Dr. Jean while working at "Forks & Knives" canteen at Uganda Christian University. They struck up a friendship and Jean helped Fred to start a smoothies, cappuccinos and brewed coffee business on campus.

Mother Baby Friendly Hospital Initiative updates

Mbale hospital, eastern Uganda

Save the Mothers has embarked on setting up a High Dependence Unit (HDU) in Mbale Hospital, eastern Uganda.



Signing the MoU: Dr Mutabazi (left) and Dr Tugaineyo.

Recently STM and Mbale hospital signed a Memorandum of Understanding (MoU) for the HDU set up. The MoU was signed by the hospital medical superintendent, Dr Emmanuel Tugaineyo and STM East Africa Director, Dr Miriam Mutabazi.

This HDU shall be an emergency unit where mothers in critical conditions are closely monitored to ensure that no mother or child should die from pregnancy related complications.

Mityana hospital, central Uganda

On 15 May 2018 Mityana Hospital, received mattress covers for its maternity ward beds from Save the Mothers. The hospital that received 16 mattress covers will receive an additional 17 covers from STM. The maternity ward that had a need for mattress covers is set to receive a total of 28 covers.

These covers contribute heavily to a clean environment where mattresses are protected from soaking with maternity related fluids. Mattresses without covers are a common sight in our hospitals.

Mityana hospital is one of the MBFHI sites where STM has set up HDU.



The STM team led by Dr M Mutabazi delivered the mattress covers.

Kagando hospital, Western Uganda



Curtains for Kagando maternity ward. Inset(STM team hands over the curtains to Kagando hospital staff.

Dignified and respectful maternity care is one of the pillars of the MBFHI.

Against this background STM continues to invest in curtains for the MBFHI sites to provide privacy in the maternity wards.

Recently STM donated curtains to Kagando Hospital, Kasese to promote dignified and respectful care in the maternity ward.



Stronger Together technical team at the launch joined by Dr Dinah Nakiganda, (Behind row 3rd from left) Commissioner Reproductive Health, Ministry of Health. Forefront in red, Prof F Mirembe. L- R: Dr E Mukoza, Dr M Mutabazi STM East Africa Director, Dr Dinah, Dr E Nakabembe, Dr J, Barageine, T Agutu & J Kawuba.



Above: Guests arrive for MMC launch at Ridar Hotel, Mukono, Central Uganda. Below: Dr Eve addresses participants.



STM alumnus Boaz Aruho (3rd left) was among participants. Below: Group photo



When Save the Mothers constructed Mirembe Hall in 2008, Fred was hired as an office attendant. While working with STM and with Dr. Jean's support, Fred was able to complete his Bachelors Degree in Development studies at UCU in 2014. He was then officially promoted to 'custodian'.

He states, "Save the Mothers has

Stronger together

By Teopista Agutu

Recently Save the Mothers received funding from Stronger Philantropy's Stronger Together grant to implement a Midwifery Mentorship and Coaching (MMC) model. The MMC targets midwives in STM's Mother Baby Friendly Hospital (MBFH) sites.

MMC model supports midwives and key health facility staff through trainings in midwifery, communication, and leadership skills.

To kick start the implementation, Save the Mothers conducted a baseline survey to identify midwives' mentorship and coaching needs in midwifery, communication and leadership. The survey was conducted in MBFHI sites across Uganda.

According to the findings, the midwives stated management of Antepartum and Postpartum Haemorrhage (APH/PPH), Pre-eclampsia, use of partographs as the top most training needs during delivery. Training needs after a delivery, were management of PPH, infection prevention and management of Post eclampsia. These baseline results are meant to guide curriculum development for the midwifery mentorship and coaching trainings to suit health facility needs.

Under leadership midwives identified trainings in good communication, leadership style, team work, motivation and ethics to enable them become effective leaders at the personal, interpersonal, organisational and community levels. In communication, findings showed

that the midwives needed trainings in verbal and non-verbal communication, public speaking, breaking bad news and communication in a crisis to enable them effectively interact with their supervisor, colleague, patient and community.

These baseline results have been used to guide curriculum development for the Midwifery Mentorship and Coaching trainings tailored to the need.

On 17 April 2018 STM launched the midwifery mentorship and coaching program at Ridar Hotel Seeta. This was during the MMC model orientation where midwives and hospital administrators representing MBFH sites: Kagando, Kawolo, Naggalama, Mbale, Tororo, Mityana, Mubende hospitals plus Mukono Health Centre IV attended.

STM alumni Boaz Aruho (Mbale), Haruna Wamala (Kawolo), Esther Atolere and Eliphaz Muhindo (Kagando) were among participants.

Commissioner, Dinah Nakiganda in her opening remarks stressed the role of leadership and communication as pivotal in quality service delivery. She emphasized the need for midwives to address issues that are within their means to save lives.

The midwives also had an opportunity to ask the Commissioner questions. The questions ranged from recruitment of health workers, inadequate supplies and protocols among others.

The Commissioner responded to the queries and reassured the midwives: "I have taken note of your issues. Some I can handle. Others I will share with colleagues."

Fred Musisi, Great job!

been like a family to me. Fred conveyed his gratitude to Dr. Jean and her family. Quoting a Ugandan proverb Fred says: "When you eat someone's cock [rooster], you don't say it's a small bird."

Fred also credits his colleagues at STM for the good relationships, teamwork,

and creating a conducive work environment.

Fred has plans to do a Master's degree to help him in his business knowledge, once he secures the finances. He looks forward to continuing to work in his role to contribute to Save the Mothers and finding future opportunities to grow and serve.